



Dental Sleep Maryland

"Oral Therapeutics for Sleep Apnea and Snoring"

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TIMELINE OF MEDICARE REQUIRED DOCUMENTS

According to the Medicare guidelines, these are the steps that we must take in order for you to be eligible for the appliance. Without exception, all of the following documents must be dated in the order listed below.

Step 1: Consult with your medical provider and document the referral for a diagnostic sleep study.

Step 2: A diagnostic sleep study must be obtained, either at a facility or at home.

Step 3: The medical provider reviews the Sleep Study results with you. The review does not have to be conducted in person, but it must be documented in the clinical notes. Then, to treat obstructive sleep apnea, a prescription for an oral appliance must be obtained.

Step 4: You will then contact us to schedule an oral appliance therapy evaluation. This must occur between 2 to 4 months after the diagnostic sleep study. If there is a delay, the treating clinician must provide a clear, detailed written explanation.

Thank you for your help and cooperation in this matter.

Sincerely,

Stanley T. Dorrow, DDS, FAGD, D.ABDSM, D.ASBA